



National Institute of Education

Maharagama

Higher Diploma in Physical Education and Sports

Recruitment of Lecturers

Applications are invited for the recruitment of external lecturers to conduct lectures in Higher Diploma Course in Physical Education and Sports conducted by the Health and Physical Education Unit of the National Institute of Education.

Eligibility for Selection

Physical Education Related Subjects

- Bachelor of Education (Physical Education) or Bachelor of Physical Education/Sports Science and Postgraduate Diploma in Education with 5 years teaching experience
- National Diploma in Teaching(Physical Education)/Teacher training certificate with 10 years teaching experience

Additional Qualification

- Recognized training courses completed in the relevant field
- Coaching courses conducted by the respective associations or other recognized courses in athletics / netball / volleyball / football

Professional Subjects

- Bachelor of Education degree with a class or postgraduate diploma in education with distinction or merit
- and**
- Master of Education with five years teaching experience

Course Description

Time - Two Years (weekends) 8.30 am - 4.00 pm

Medium - Sinhala/Tamil

Centers and Medium of the Courses

1. National Institute of Education (Sinhala Medium)
2. Bingiriya National College of Education (Sinhala Medium)
3. Ruhuna National College of Education (Sinhala Medium)
4. Uva National College of Education (Sinhala Medium)
5. Nilwala National College of Education (Sinhala Medium)
6. Ruwanpura National College of Education (Sinhala Medium)

7. Pulathispura National College of Education (Sinhala Medium)
8. Mahaweli National College of Education (Sinhala Medium)
9. Batticaloa National College of Education (Tamil Medium)
10. Vauniya National College of Education (Tamil Medium)

Subject content of the course

Modules-Special subject areas

1. Foundation of Physical Education and Sports
2. Physical Fitness
3. Fundamental Motor Skills
4. Sports skills, rules and regulations & officiating (Volleyball, Netball, Football, Athletics)
5. Basics of Human Anatomy and Exercise Physiology
6. Basics of Training Methods
7. Basics of Sports Management
8. Teaching and Coaching Skills
9. Nutrition for Sports and Exercises
10. First aid and Safety in Sports
11. Basics Biomechanical Concepts for Sports
12. Performance Enhancing Methods and Prohibited Substances in Sports
13. Health Promotion
13. Test and Measurement

Modules-Professional subject areas

14. Education Psychology and Sports Psychology
15. Education Sociology and Sports Sociology
16. Action Research

How to Apply

Applicants who have fulfilled the relevant qualification should apply to the regional center where they wish to work (close to permanent residence) and can apply for one subject or several subjects.

Please submit duly completed online applications following the google form link given below on or before 31st December 2021.

<https://forms.gle/6hBh88K94DaYRZin7>

Dr.Sunil Jayantha Nawarathne
Director General